

High Point Christian Academy

2010 Master Practice, Scrimmage and Game Schedule

Varsity Version

Day of Week	Date	Type of Activity	Start Time	End Time
Mon	8/2	Preseason Practice (Helmets only)	3 pm	7 pm
Tues	8/3	Preseason Practice (Helmets and Shoulders)	3 pm	7 pm
Wed	8/4	Preseason Practice (Full Pads/Full Contact)	8 am	12 pm
Thur	8/5	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Fri	8/6	Preseason Practice (Full Pads/Limited Contact)	3 pm	7 pm
Sat	8/7	<i>Blue & White Scrimmage (Varsity Period)</i>	11:45 am	1:15 pm
Mon	8/9	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Tues	8/10	Preseason Practice (Full Pads/Full Contact)	3 pm	7 pm
Wed	8/11	Preseason Practice (Full Pads/Full Contact)	8 am	11:30 am
Thur	8/12	Preseason Practice (Helmets and Shoulders)	3 pm	5:20 pm
Fri	8/13	<i>Forsyth Country Day Jamboree (Multi-Team Scrimmage)</i>	TBA	TBA
Mon	8/16	Regular Season Practice (Full Pads/Full Contact)	3 pm	6:10 pm
Tues	8/17	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:30 pm
Wed	8/18	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:10 pm
Thur	8/19	Regular Season Practice (Helmets and Shoulders)	3:15 pm	5:30 pm
Fri	8/20	<i>Game # 1: @ BISHOP MCGUINNESS</i>	7 pm	9 pm
Mon	8/23	Regular Season Practice (Full Pads/Full Contact)	3:15 pm	5:30 pm
Tues	8/24	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:30 pm
Wed	8/25	Regular Season Practice(Full Pads/Full Contact)	3:15 pm	5:10 pm
Thur	8/26	Regular Season Practice (Helmets and Shoulders)	3:15 pm	5:30 pm
Fri	8/27	<i>Game # 2: @ FAYETTEVILLE CHRISTIAN</i>	7 pm	9 pm

- All subsequent weeks (with two exceptions as noted below) will follow the same format as the week of Monday 8/23 through Friday 8/27
- Homecoming week we will practice from 3:15 pm to 5:20 pm on Friday 9/24 (Homecoming game on Saturday 9/25 vs. Northside Christian)
- Week of Monday 9/27 through Friday 10/1 is a Bye Week (we do NOT have a game) – We will issue a schedule of team activities applicable to this Bye Week
- Coaching staff may need to alter the player equipment required for a particular practice